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Interactions of Curcumin's Degradation Products with the $A\beta_{42}$ Dimer: A Computational Study

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ABSTRACT: Amyloid- β ($A\beta$) dimers are the smallest toxic species along the amyloid-aggregation pathway and among the most populated oligomeric accumulations present in the brain affected by Alzheimer's disease (AD). A proposed therapeutic strategy to avoid the aggregation of $A\beta$ into higherorder structures is to develop molecules that inhibit the early stages of aggregation, i.e., dimerization. Under physiological conditions, the $A\beta$ dimer is highly dynamic and does not attain a single well-defined structure but is rather characterized by an ensemble of conformations. In a recent study, a highly heterogeneous library of conformers of the $A\beta$ dimer was generated by an efficient sampling method with constraints based on ion mobility mass spectrometry data. Here, we make use of the $A\beta$ dimer library to study the interaction with two curcumin degradation products, ferulic aldehyde and vanillin, by molecular dynamics (MD) simulations. Ensemble docking and



MD simulations are used to provide atomistic detail of the interactions between the curcumin degradation products and the $A\beta$ dimer. The simulations show that the aromatic residues of $A\beta$, and in particular ¹⁹FF²⁰, interact with ferulic aldehyde and vanillin through $\pi-\pi$ stacking. The binding of these small molecules induces significant changes on the ¹⁶KLVFF²⁰ region.

INTRODUCTION

The onset of a wide range of neurodegenerative diseases, including Parkinson's disease (PD), type 2 diabetes, and Alzheimer's disease (AD), is associated with the aggregation of intrinsically disordered proteins (IDPs).^{1,2} AD is the most common neurodegenerative disease currently affecting over 50 million people worldwide and is estimated to reach 131.5 million by $2050.^{3-5}$ There are some reasons for the failure of drug design to treat AD, and the majority of approved drugs against AD treat only the symptoms and fail to prevent or cure the onset of the disease.⁶ The pathological hallmark of AD is the presence of extracellular senile plaques and intracellular neurofibrillary tangles formed from the amyloid- β peptide $(A\beta)$ and tau protein, respectively. Extracellular amyloid fibrils have been proposed to disrupt neuronal communication, while intracellular tau-containing tangles can block neuronal transport.^{2,8,9}

The dominant forms of the $A\beta$ peptide are 40 and 42 residues long, with the latter being the predominant species in amyloid plaques.² Structurally, the $A\beta$ peptides consist of a disordered N-terminus (first 15 residues), a central hydrophobic cluster (CHC) spanning residues 16–21, and a hydrophobic C-terminus (last 10–12 residues).¹⁰ Amyloid formation follows a nucleation–elongation mechanism.^{11,12} Briefly, soluble monomers undergo conformational transitions and can aggregate to form dimers, trimers, or oligomers, which then evolve to form fibrillar structures.¹⁰ Therefore, preventing or reducing the aggregation of the $A\beta$ is an effective

therapeutic strategy against AD. A variety of inhibitors, ranging from natural products, peptides, synthetic compounds, to antibodies and larger proteins have been developed to interfere with $A\beta_{42}$ aggregation.^{13–23} For instance, the monoclonal antibody aducanumab can selectively interact with $A\beta_{42}$ aggregates, clearing the brain from amyloid plaques.²⁴ The structural complexity of biologics makes them susceptible to degradation, which complicates the cellular delivery process. Small molecules from natural products can be more effective at addressing intracellular targets, offer a great chemical diversity, and can be effective in the prevention and treatment of various forms of neurodegenerative diseases.²⁵

Curcumin is a natural product with anticancer, antioxidant, antiviral, antifungal, anti-inflammatory, and antibacterial properties, which was proposed to have a high therapeutic potential against AD.^{17,18,22,23,26–41} Structurally, its flexible backbone, its hydrophobic nature, and the availability of hydrogen bond donors and acceptors⁴² make it an ideal inhibitory candidate for the amyloid-aggregation process. *In vitro* studies showed that curcumin can reduce the β -sheet

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content,³¹ block $A\beta$ oligomers,³¹ destabilize and reduce $A\beta$ fibrils,³² and also break the formed tau tangles.³³ Furthermore, in vivo studies indicated that curcumin can disassemble tau oligomeric species^{23,34} and reduce insoluble A β oligomers and plaques,^{35,36} which could limit the progression of AD. Curcumin was shown to have antiamyloidogenic and fibrildestabilizing effects and to promote the formation of "offpathway" soluble oligomers and prefibrillar aggregates.^{32,35,37,38} An in vivo study showed that curcumin injected into mice crossed the blood-brain barrier and bound to amyloid plaques.³⁵ Despite its beneficial properties, it has a low bioavailability and degrades easily,⁴³⁻⁴⁵ which limit its clinical application. Novel curcumin formulations (longvida and theracurmin) administered in low doses (80-180 mg/day) overcome the poor *in vivo* bioavailability³⁹ of curcumin.^{40,41} A recent study showed that oral consumption of a bioavailable form of curcumin (theracurmin) led to significant memory improvement, which was attributed to the decrease in amyloid and tau aggregations.⁴¹ Moreover, curcumin is unstable in aqueous solution and undergoes rapid hydrolysis.^{46,47} Wang et al. found that 90% of curcumin degraded into various products such as ferulic aldehyde, trans-6-(4'-hydroxy-3'-methoxyphenvl)-2,4-dioxo-5-hexenal, feruloyl methane, ferulic acid, and vanillin within 30 min in phosphate buffer at pH 7.4.39 The degradation products of curcumin have a higher solubility as compared to curcumin and may therefore be appropriate candidate for anti-AD therapeutics.⁴⁶ As a matter of fact, ferulic acid can protect neurons against $A\beta$ -induced oxidative stress, which plays a significant role in the pathology of AD.⁴⁸⁻⁵³ Additionally, ferulic acid can dose-dependently prevent both formation and extension of A β oligomers and destabilize A β fibrils.⁵⁴ An in vitro study showed that vanillin has acetylcholinesterase inhibitory activities, leading to the restoration of acetylcholine levels in diseased brains leading to an improvement in memory function.⁵⁵ Vanillin has also been shown to prevent amyloid-aggregation in vivo.⁵⁶ Furthermore, vanillin derivatives have exhibited the enhanced antioxidant and antiacetylcholinesterase properties, which could be as multitarget hybrid compounds for AD treatment.⁵⁷ Vanillic acid is the oxidant form of vanillin, which can be neuroprotective against $A\beta$ -induced neurotoxicity in the $A\beta$ injected mouse brain.^{58,59} Hence, the therapeutic potential of curcumin against Alzheimer's disease may originate from its degradation products, which could contribute largely to its pharmacological activities.

Complementing experiments, computational studies reinforce the fact that curcumin and its products disaggregate and destabilize $A\beta$ protofibrils and fibrils,^{17,18,60-65} deform the β -sheet structure in $A\beta_{42}$ dimers,⁶⁶ and also form numerous interactions with the $A\beta$ monomer.^{22,67,68} Salamanova et al. found that curcumin and ferulic acid increase the helical content of the $A\beta_{42}$ peptide.²² A recent computational study consisting of docking followed by multins MD simulations of curcumin and a hexamer peptide model of $A\beta_{42}$ fibril showed that curcumin partly dissociates the tip peptide of the $A\beta_{42}$ fibril by disrupting the β -sheet within the ¹²VHHQKLVFF²⁰ sequence.⁶⁰

Here, we explore the therapeutic potential of curcumin against Alzheimer's disease, which may originate from its degradation products. We investigate the effects of ferulic aldehyde and vanillin on $A\beta_{42}$ dimers by means of computer simulations. In a recent work, we built a diverse conformational library of the $A\beta_{42}$ dimers using the blockwise excursion

sampling (BES) and standard CHARMM force fields.^{69,70} We demonstrated that the conformational library of $A\beta_{42}$ dimers generated by the CHARMM36m force field is in good agreement with experimental data.⁶⁹ In the present study, we use the generated CHARMM36m library to identify the binding sites of the curcumin degradation products in $A\beta_{42}$ dimers through a new computational pipeline in the framework of the ensemble docking strategy. Next, we perform MD simulations consisting of $A\beta_{42}$ peptide–small molecule complexes to study the effects of the degradation products in a dynamic environment.

MATERIALS AND METHODS

Preparation of $A\beta_{42}$ Dimer Library and Ligands. The library of $A\beta_{42}$ dimers was generated using the blockwise excursion sampling (BES) protocol, which was recently employed for the construction of a diverse conformational library for $A\beta_{42}$ monomers and dimers.^{69,70} The BES protocol comprises simulating annealing and many short conventional MD simulations which are called blocks and denoted as Γ^{SA} and Γ^{MD} , respectively. Two consecutive simulated annealing and MD simulation blocks are referred to as an SA:MD block ($\Gamma^{\text{SA:MD}}$), and five $\Gamma^{\text{SA:MD}}$ blocks with five different T_{max} values equal to 700, 600, 500, 400, and 350 K form an excursion chain (EC). T_{max} is an important parameter in the simulated annealing block which is the final temperature after the heat-up run. The protocol exploits the ability of simulated annealing to overcome high barriers in the free energy landscape. Each simulated annealing block is followed by a short MD simulation at constant temperature (310 K). The trajectories in MD simulation blocks are used for the sampling of structures. We used 1000 excursion chains ($N_{\rm EC}$ = 1000) and built the initial structures of extended and parallel A β_{42} dimers. For more details on this sampling methodology and its terminology, see refs 69 and 70. The A β_{42} dimer structures sampled by the BES protocol were clustered using the Daura algorithm⁷¹ with a carbon alpha (C α) root-mean-square deviation (RMSD) cutoff of 0.3 nm. This analysis produced 41322 clusters. Then, collision cross section (CCS) values were calculated for all structures. A total of 1183 representative structures of all MD snapshots that satisfied the experimental value of CCS $(1252 \pm 20 \text{ Å}^2)$ were selected^{69,72} and used as a library of A β_{42} dimers for the docking protocol after energy minimization by 5000 iterations of the steepest descent algorithm. The MD simulations were carried out using the GROMACS 5.1.5 software.^{73,74} The CHARMM36m all-atom force field⁷⁵ and the generalized Born (GB) water model⁷⁶ were used. The structures of the two degradation products of curcumin (ferulic aldehyde and vanillin, Figure 1) were extracted from the ZINC database.⁷⁷ The GAMESS package⁷⁴ was used to optimize all ligands at the B3LYP exchange and correlation functional⁷⁹ and the 6-31+G(d,p) basis set.

Docking Setup. The curcumin degradation products were docked against all 1183 $A\beta_{42}$ dimers in the library using



Figure 1. Chemical structure of the degradation products of curcumin used in this study.

AutoDock Vina (version 1.1.2).⁸⁰ The docking search space around each representative structure of the $A\beta_{42}$ dimer was defined by a rectangular box centered at the center of mass of the A β_{42} dimer. The minimal distance of 1.2 nm from the A β_{42} dimer to the edge of the box was set. Different optimized docking boxes were defined for each system depending on the size and shape of the A β_{42} dimer conformation. Each docking run produced nine optimal A β_{42} dimer-ligand configurations, and in total 10647 (= 1183×9) poses were generated. The different poses for each run were ranked by the binding free energy. The top scoring pose for each run is related to the complex with the most favorable binding free energy. The other lower-ranked poses were selected since sometimes the pose with the lowest RMSD relative to the experimental pose is not captured by Vina.¹⁹ To select the high-ranked complexes, $\Delta\Delta G_{\text{binding}}$ was defined as the difference of binding free energy between the top-ranked pose and the lower-ranked pose $(\Delta G_{\text{toppose}} - \Delta G_{\text{lower-rankedpose}})$. Different cutoff values of $\Delta \Delta G_{\text{binding}}$ (0.1, 0.2, and 0.3 kcal/mol) were used for selecting the generated docking complexes (Table 1). The results were

Table 1. Number of Selected Docking Complexes for Each Ligand with the Different $\Delta\Delta G_{\text{binding}}$ Cutoffs

$\Delta\Delta G_{ m binding}$ (kcal/mol)	ferulic aldehyde	vanillin
0.1	1702	1679
0.2	2895	2746
0.3	4537	4240

obtained for different cutoff values and for each ligand. The results for $\Delta\Delta G_{\text{binding}}$ cutoff values of 0.1, 0.2, and 0.3 kcal/mol can be found in the Supporting Information.

MD Simulations Setup. System Preparation. Two distinct sets of simulations were set up and simulated following identical protocols. First, 10 independent copies consisting of an A β_{42} dimer–ligand complex were selected from the highestranked pose extracted from docking results to investigate the stability of the complex (Figures S1 and S2 in the Supporting Information). Second, 10 independent copies starting from dimer-ligand complexes, in which the ligand was randomly placed at noninteracting distances from the dimer, were run to identify secondary interaction hot spots on the dimer surface and to investigate the effects of the small molecules on the conformations of the peptides in the presence of each ligand. The initial structure of the $A\beta_{42}$ dimer was the most populated structure of the A β_{42} dimer generated by the BES protocol that has the collision cross sections in agreement with the experimental value. The parameters for all ligands were generated using the CHARMM general force field (CGenFF).⁸¹

Production Simulations. All simulations were carried out using the GROMACS 2020.4 package, ^{73,74} the CHARMM36m force field, ⁷⁵ and the TIP3P water model.⁸² Each system was placed in a cubic box of 9 nm per edge, and periodic boundary conditions were applied. Explicit Na⁺ and Cl⁻ ions were added to neutralize the charge of the systems and convey a background concentration of 150 mM. Following the steepest descents minimization, the equilibration was done in the NPT ensemble with position restraints on the backbone of the A β_{42} dimer and the heavy atoms of the ligands. The temperature and pressure were maintained constant at 310 K and 1 atm by using the velocity-rescaling thermostat⁸³ and Berendsen barostat,⁸⁴ respectively. The first set of simulations, started

from the top scoring pose, cumulate 600 ns per ligand (10 independent 60 ns simulations per ligand). The second set of simulations, started from random positions and orientations of the ligands, cumulates 2 μ s per ligand (10 independent 200 ns simulations per ligand) in the absence of any restraints. All production simulations were started using different initial random velocities and were carried out in the NVT ensemble. The cutoff values for the van der Waals and Coulombic interactions were set to 1.2 nm. The electrostatic interactions were calculated by the particle mesh Ewald (PME) method.⁸⁵ A time step of 2 fs was employed for all simulations. Bond lengths were constrained using a fourth-order LINCS algorithm⁸⁶ with 2 iterations.

RESULTS AND DISCUSSION

We first investigated the stability of the dimer-ligand complexes starting from the highest-ranked docked poses. The analysis revealed that the ligands dissociate from the A β_{42} dimer within the first 30 ns. This does not come as a surprise as in the docking step the small molecule is anchored to a rigid interface, while in the MD simulations the complex is highly dynamic (Figures S3 and S4). Additionally, the conformational changes of the dimer can facilitate formation of binding sites more readily accessible by the ligand. Hence, the reattachment of the small molecule at secondary short-lived interaction sites is observed. Therefore, we performed molecular dynamics simulations starting from noninteracting distances of the small molecules from the $A\beta_{42}$ dimer to eliminate any bias introduced by the initial pose or effects of the rigid dimer conformation. These simulations were used for the analysis. To assess the convergence of docking and MD simulations, the number of contacts between each ligand and individual residues of the two peptides forming the dimer were calculated (Figures S5 and S6 in the Supporting Information), and the results indicate that reasonable convergence has been reached.

Identifying the Binding Site of Curcumin Compounds. To identify which residues and regions interact most with the ligands, we calculated the average contact number between each $A\beta_{42}$ residue and small molecule ligand. The results show that the segments ⁴FRHDSGY¹⁰, ¹⁹FF²⁰, ²⁸KG²⁹, and ³⁴LMVGG³⁸ interact most with ferulic aldehyde (Figure 2a). Similarly, vanillin interacts predominantly with residue sequences $^9{\rm GY}^{10},~^{19}{\rm FF}^{20},$ and $^{33}{\rm GLMVGG}^{38}$ (Figure 2b). Both ligands share the interaction hot spots along the sequence of $A\beta_{42}$ (regions of ¹⁹FF²⁰, ³⁴LMVGG³⁸, and ⁹GY¹⁰), which indicates the homogeneity of the $A\beta_{42}$ dimer molecular recognition sites across the ligands. Importantly, the hot spot regions ¹⁹FF²⁰ and ³⁴LMVGG³⁸ are part of the central hydrophobic cluster (CHC) and the C-terminus hydrophobic region, respectively, which drive A β fibrillization.^{87–97} In line with the contact number analysis, the analysis obtained from ensemble docking (Figures S7-S12 in the Supporting Information) indicates that the ligands attach primarily to the CHC region, particularly to its aromatic residues (F19 and F20). These observations are consistent with previous molecular dynamics simulations, which showed that curcumin forms longer lived contacts with residues I32, L34, and M35, while the aromatic residues F19 and F20 showed a high propensity to interact with the rings of curcumin.⁶⁶ Based on the fragment mapping calculations on the monomeric form of the A β_{42} peptide, Zhu et al. reported F4 and Y10 together with L17, F19, I31, and M35 as binding "hot spots" of curcumin in the $A\beta_{42}$ peptide.⁶⁸ Additionally, a multiscale computational



Figure 2. Average number of contacts between main-chain (MC)/side-chain (SC) of each residue in $A\beta_{42}$ dimer and (a) ferulic aldehyde, (b) vanillin. (c) The averaged contact number for four different regions of $A\beta$ peptide; N-terminus (N-ter), CHC, ²²EDVGSNKGA³⁰ (E22-A30), and C-terminus (C-ter). The error bars represent the standard deviation of the mean. For panels a and b, the error bars correspond to the standard deviation of the mean of the cumulated MC and SC contacts. The dashed lines separate the different regions of $A\beta$ (N-ter, CHC, E22-A30, and C-ter). The number of contacts were calculated for the cutoff distance of 0.5 nm.

study on the A β 17–42 trimer and curcumin by Chebaro et al. demonstrated that curcumin preferentially interacts with the CHC region.⁹⁸ Moreover, solid-state NMR experiments suggested that the CHC segment is a possible binding site for curcumin.^{59,65,99} Taken together, these results show that the curcumin compounds have a high propensity to interact with the CHC (Figure 2c) and, in particular, with its aromatic residues. Importantly, the ¹⁷LVFF²⁰ segment has been shown to play a central role in A β misfolding and aggregation.^{87–93,97,100}

The contact map analysis reveals that the phenyl ring and the methoxy group (OCH3) in ferulic aldehyde interact more frequently with the residues in CHC region than vanillin (Figure 3a,b). Additionally, all groups of the ferulic aldehyde show a high contact probability with the N-terminus segment compared to these groups in vanillin, while in the presence of vanillin, all groups form more interactions with residues in the C-terminus region than ferulic aldehyde and, hence, could be a main factor in increase of the averaged contact numbers with this region (see Figure 2c and Figure 3b). The hydroxyl group (OH), methoxy group (OCH₃), and aldehyde group (CHO) in ferulic aldehyde and vanillin (Figure 3c,d) can interact with the $A\beta$ dimer through the formation of hydrogen bonds and $\pi-\pi$ stacking with the $A\beta_{42}$ dimer.

Effective Interactions in $A\beta_{42}$ Dimer–Ligand Complex. The ligand–peptide hydrogen bond (H-bond) analysis shows that ferulic aldehyde forms the more frequent of Hbonds with residues Q15 and L34 than vanillin (Figure 4a,b). A similar observation was drawn by Zhao et al. in studying the effect of curcumin on the stability of $A\beta$ dimers in which it was shown that curcumin predominantly interacts with residues Q15 and L34.⁶⁶ Apart from curcumin, epigallocatechin (EGC) exhibited high hydrogen bonding preference with residue Q15.²⁰ Compared to ferulic aldehyde, vanillin forms more H-



Figure 3. Contact map between the heavy atoms of $A\beta_{42}$ residues and (a) ferulic aldehyde and (b) vanillin. (c, d) Structure of each ligand decomposed into four functional groups. The horizontal and vertical dashes correspond to the different regions of $A\beta$ (N-terminus, CHC, ²²EDVGSNKGA³⁰, and C-terminus) and functional groups of each ligand, respectively. A contact is formed when the distance between the heavy atoms is less than 0.5 nm.

bonds with the ³¹IIG³³ and ⁴⁰VI⁴¹ sequences in the C-terminus region (Figure 4c). In fact, the strong interaction of vanillin with the C-terminal residues of the $A\beta_{42}$ peptides results from the increased hydrogen bond contacts formed by its hydroxyl group (OH), methoxy group (OCH₃), and aldehyde group (CHO) with residues G33, V40, and I41.

Both ferulic aldehyde and vanillin interact with high propensity with residues Y10, F19, and F20 via $\pi - \pi$ stacking (Figure 5a). These observations are in line with the previous computational studies reporting that curcumin interacts with $A\beta_{42}$ via $\pi - \pi$ stacking with the side-chains of F4, Y10, F19, and F20 in monomers and also H14 for $A\beta$ in dimers and fibrils.^{18,60,61,65,66,68} Furthermore, we examined the stacking pattern between each ligand ring and each aromatic residue by calculating the centroid distance and angle between the two rings (Figure 5b-d). Ferulic aldehyde prefers to form parallel $\pi - \pi$ stacking with Y10 and T-shaped $\pi - \pi$ stacking with F20 (Figure 5e,f). Vanillin forms T-shaped $\pi - \pi$ stacking with Y10 and parallel $\pi - \pi$ stacking with F20 (Figure 5g). Figure 5b,d

shows that the parallel and T-shaped stacking patterns are the dominant packing modes for the aromatic residues with a high number of $\pi-\pi$ stacking interactions. From the H-bond and $\pi-\pi$ stacking analysis (Figures 4 and 5), we identify that ferulic aldehyde more effectively interacts with the dimer by the increasing the number of H-bonds formed by its hydroxyl group (OH), methoxy group (OCH₃), and aldehyde group (CHO) with the CHC and N-terminus segments and more $\pi-\pi$ stacking interactions with F4, H6, Y10, and H14 as compared to vanillin.

The Disruptive and Inhibitory Effects of Curcumin Products on the $A\beta_{42}$ Dimer. The average C_{α} -RMSD values for the full length $A\beta_{42}$ dimer and of four individual segments (N-terminus, CHC, ²²EDVGSNKGA³⁰, and C-terminus) show no significant differences in the presence of the small molecules (Figure 6a). To further characterize the effects of the degradation products of curcumin, we calculated the intramolecular salt-bridge populations (Figure 6b). First, we analyzed the salt-bridges identified from the known fibrillar



Figure 4. Average H-bond number between main-chain (MC)/side-chain (SC) of each residue in $A\beta_{42}$ dimer and (a) ferulic aldehyde, (b) vanillin. (c) The averaged H-bond number for four different regions of $A\beta$ peptide: N-terminus (N-ter), CHC, ²²EDVGSNKGA³⁰ (E22-A30), and C-terminus (C-ter). An H-bond is formed if the acceptor–donor distance and acceptor–donor–hydrogen angle are less than 0.35 nm and 30°, respectively.²⁰ The error bars represent the standard deviation of the mean. The green dashed lines indicate the different regions of $A\beta$ peptide: N-terminus (N-ter), CHC, ²²EDVGSNKGA³⁰ (E22-A30), and C-terminus (N-ter).

structures of the peptide. The most recent cryo-electron microscopy structure of the full length $A\beta_{42}$ fibril (LS-shape fibril structure; PDB id: 5OQV¹⁰¹) identified the intramolecular salt-bridges D7-R5, E11-H6 and E11-H13, and K28-A42.¹⁰¹ Furthermore, the K28-A42 salt-bridge is present in the S-shaped $A\beta_{11-42}$ (PDB id: 2MXU)¹⁰² and $A\beta_{15-42}$ (PDB id: 5KK3)¹⁰³ and also LS-shaped $A\beta_{42}$ fibrils. Our simulations reveal that the D7-R5, E11-H6, E11-H13, and K28-A42 salt-bridges are only sporadically populated in the presence of the small molecules. On the other hand, we find that the small molecules have a more pronounced effect on other salt-bridges. For instance, ferulic aldehyde stimulates the formation of the D7-K28, E11-K28, and E22-K28 salt-bridges, while vanillin impacts predominantly the D7-K16, D7-K28, E11-H13, E11-K28, and D23-K28 contacts. Taken together, it

is evident that the ligands have a different impact on the formation of the E22-K28 and D23-K28 salt-bridges.

CONCLUSIONS

Inhibition of the $A\beta$ dimerization is a challenging task due to the intrinsic plasticity of the $A\beta_{42}$ dimers. The structural heterogeneity and transient kinetics are a major obstacle for theoretical and experimental methods. To tackle this problem, several sampling methods have been proposed for constructing a representative conformational ensemble for $A\beta$. To this end, we have very recently employed the BES method for sampling of the $A\beta_{42}$ dimers and shown that BES generated a heterogeneous conformational library of the $A\beta_{42}$ dimers in good agreement with experimental data.⁶⁹ Here, we investigated the interaction between the $A\beta_{42}$ dimers sampled by the BES protocol and two curcumin degradation products,

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Figure 5. (a) The population (in %) of $\pi-\pi$ stacking between the phenyl ring of each ligand and aromatic residue within $A\beta_{42}$ dimer. (b) The population (in %) of parallel, herringbone, and T-shaped stacking between the phenyl ring of each ligand and aromatic residue. Distributions of the centroid distance and angle between two phenyl rings of each aromatic residue and ligand. (c) Ferulic aldehyde and (d) vanillin. The $\pi-\pi$ interaction is formed if the centroid distance between two phenyl rings is less than 0.65 nm. The $\pi-\pi$ stacking patterns are classified into three categories: parallel (0–30°), herringbone (30–60°), and perpendicular or T-shaped (60–90°).²⁰ The $\pi-\pi$ stacking interactions were calculated by codes written with Mathematica software. Representative stacking patterns showing the parallel $\pi-\pi$ stacking between Y10 and ferulic aldehyde and T-shaped stacking pattern between F20 and ferulic aldehyde (e, f), T-shaped stacking between Y10 and vanillin and parallel stacking pattern between F20 aromatic residues in chainA and chainB are colored in purple and brown, respectively. $\pi-\pi$ interactions are given by black dashes. Ferulic aldehyde and vanillin are represented in stick with two colors, pink and blue, respectively.

ferulic aldehyde and vanillin, by ensemble docking and MD simulations (cumulative sampling of 2 μ s).

Overall, the simulation results indicate that the curcumin products share the same binding "hot spot" (¹⁶KLVFFA²¹) on the $A\beta_{42}$ dimer. Importantly, the interaction between the ¹⁶KLVFFA²¹ regions in $A\beta_{42}$ monomers is key for fibril formation and stabilization.^{87–93} The contact number analysis provides evidence that ferulic aldehyde interacts with the $A\beta_{42}$ dimer more effectively than vanillin. Ferulic aldehyde preferentially interacts with the N-terminus residues F4, Y10, H14, and also residues F19 and F20 in the CHC segment, whereas vanillin interacts with the $A\beta_{42}$ dimer via $\pi - \pi$ stacking

interactions with residues Y10, F19, and F20. Moreover, vanillin forms more hydrogen bond interactions with the C-terminus residues in the $A\beta_{42}$ dimer than ferulic aldehyde.

The RMSD values calculated for each region of the $A\beta_{42}$ dimer show that both ligands mainly affect the CHC region without dissociating the dimer. In the presence of ferulic aldehyde, one observes the small population of the intramolecular salt-bridges E11-H6 and K28-A42 that are important to stabilize the LS shape of the fibril structure. Furthermore, the E11-H13 salt-bridge is more stable in the presence of vanillin. On the basis of these results, ferulic aldehyde is predicted to be a more effective inhibitor of $A\beta_{42}$ dimerization



Figure 6. (a) The averaged and standard deviation of $C\alpha$ -RMSD for the total and four regions (N-ter, CHC, E22-A30, and C-ter) in $A\beta_{42}$ peptide in the presence of ferulic aldehyde and vanillin. (b) The population (in %) of intramolecular salt-bridges formed in $A\beta_{42}$ dimer in the presence of ferulic aldehyde and vanillin as a ligand. The RMSD was calculated for the carbon alpha (C α) as RMSD = $\sqrt{\frac{1}{N}\sum_{i=1}^{N} (r_i - r_i^{\text{ref}})^2}$ where r_i^{ref} represents the reference position of atom *i*, and *N* shows the number of carbon atoms belonging to the total and each segment in the dimer. The error bars represent the standard deviation of the mean. A salt-bridge is formed when the minimum distance between the charged atoms is equal to or less than 0.35 nm.¹⁰⁴

than vanillin. *In vivo* data shows that ferulic aldehyde effectively reduces the $A\beta$ deposits and the toxic soluble $A\beta$ oligomers, thus eliminating AD-like pathological changes in the hippocampus and cerebral cortex and improving the learning and memory capacity of the model mice.¹⁰⁵ Furthermore, both *in vitro* and *in vivo* studies show that vanillin and its derivatives have inhibitory potential against acetylcholinesterase, antioxidant properties, and amyloid-aggregation inhibitory effects.^{55–57,106,107}

In conclusion, the degradation compounds of curcumin can inhibit the $A\beta$ association by effective interactions with the aromatic residues ¹⁹FF²⁰ in the CHC region. The simulation results also reveal the presence of hydrogen bonds between the OH, OCH₃, and CHO groups on the phenyl rings of the degradation products and residues in the N-terminus and Cterminus of $A\beta$. This work sheds light on the influence of curcumin degradation products on the $A\beta$ dimer, which may be beneficial for the design of drug candidates.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.jpcb.2c05846.

Histograms of binding affinity, plots of the minimum distance between each ligand and $A\beta_{42}$ dimer structure, convergence of docking and molecular dynamics simulations, and the number of contacts between individual residues and each compound for different $\Delta\Delta G_{\text{binding}}$ (PDF)

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Author Contributions

A.C., I.M.I., and R.F. designed and directed the project. R.F. performed and analyzed the docking simulations. M.H.D. performed and analyzed the MD simulations. M.H.D prepared the manuscript. All authors discussed the results and reviewed the manuscript.

Notes

The authors declare no competing financial interest.

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